

TWILIGHT WEDDING: FIRST PICS INSIDE

ONLY  
\$2.99

# Life & Style WEEKLY

APRIL 25, 2011

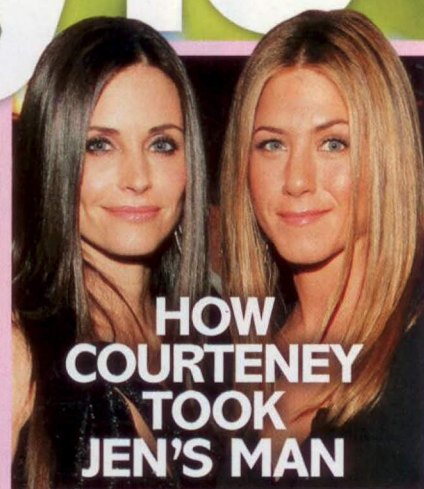
**WORLD  
EXCLUSIVE**  
Kim talks to  
*Life & Style*

## A RING FOR KIM!



Just like  
Liz Taylor's!

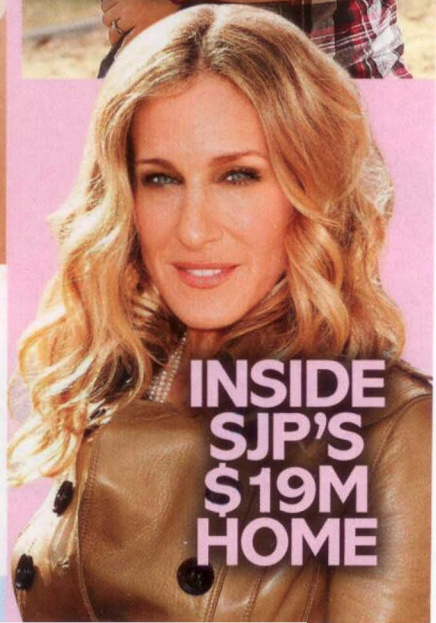
Kim chooses a 10-carat cushion-cut engagement ring. She confirms to *Life & Style*, 'I've found my wedding dress,' and she'll marry Kris this year!



HOW  
COURTENEY  
TOOK  
JEN'S MAN



TEEN MOM  
JENELLE  
BABY  
NO. 2  
FOR  
FAME



INSIDE  
SJP'S  
\$19M  
HOME





# LEANN: 14 WORKOUTS A WEEK!

Lots of brides try to shed for the wedding, but LeAnn Rimes, who's engaged to actor Eddie Cibrian, is obsessed, an insider tells *Life & Style*. "She works out twice a day, seven days a week. She does heavy cardio like treadmill and kickboxing as well as full-body conditioning and Pilates." That's going overboard, says Jackie Keller, a licensed LA-based wellness coach. "If she's exercising that much, that's compulsive. She has a lack of perspective on how thin she is, a telltale sign of disordered eating." But in a tweet, LeAnn denied she has a problem: "I do not work out too much nor do I starve myself."



LeAnn, in Houston on April 4, "looks emaciated from every angle," says Keller.



LeAnn, here looking healthier in 2009, "loves the rush working out gives her," says an insider.

## ASK KRIS

The Kardashians' mom solves your problems



**Q. I've already kicked my rebellious 19-year-old out of the house twice, but he's still behaving badly. What should I do?**

**LYN B., CHICAGO**

Stay firm. As mothers, we often have an urge to give in to our kids to keep them happy. But I think tough love really is the answer here. When it came to our children, my ex believed that unless someone knew how to hold his own, he was on his own. So maybe cutting off your son is the answer. Too extreme? Then why not try finding an upstanding male for him to shadow.



**Q. I have reservations about moving back in with my ex-husband because he's resentful about our past. What will help him get over it?**

**MIRANDA V., NITRO, W.VA.**

If you guys are genuinely in love — and in it for the long haul this time — then you both have to agree to really start over and forget the bad things that may have happened. Don't waste precious hours wallowing. Unfortunately though, pain doesn't disappear magically. True forgiveness takes extreme maturity. Either he grows up or you move on.

